



breakfast

TRADITIONS

we use organic, cage-free eggs

- Ⓞ tomato slices or fruit substituted for hash browns an additional - 1.5
- a large muffin, bagel or croissant substituted for toast an additional - .75
- add a pancake to any breakfast entrée - 2.

egg special

two eggs cooked to order served with toast and hash browns - 6.
add bacon, sausage, turkey sausage or canadian bacon - 2.5

breakfast sandwich

two eggs and cheddar cheese on choice of white, wheat, rye bread or croissant, served with hash browns - 6.75
add bacon, sausage, turkey sausage or canadian bacon - 2.5

breakfast burrito

a chipotle pepper tortilla stuffed with scrambled eggs, bacon, peppers, onion and cheddar cheese, served with salsa and sour cream on the side and hash browns - 10.

creamed chipped beef

homemade creamed chipped beef served over two buttermilk biscuits - 9.

chicken & waffle

homemade chesapeake chicken breast served with Belgium waffle and side of spicy honey - 14.

corned beef hash skillet

corned beef hash made with diced red skin potatoes, served skillet style with one egg cooked to order and choice of toast - 10.

steak & eggs

two petite filet medallions and two eggs cooked to order, served with hash browns and choice of toast - 18.

chorizo scramble

two eggs scrambled with chorizo sausage, cheddar cheese and topped with avocado, served with choice of toast and hash browns - 12.

country breakfast

grilled slices of ham steak served with two eggs cooked to order, hash browns and a biscuit - 11.

breakfast tacos

two flour tortillas filled with scrambled eggs, cheddar cheese, avocado and fresh pico de gallo served with hash browns - 10.
add choice of breakfast meat - .75

hungarian mushroom scramble

eggs scrambled with our famous hungarian mushroom soup, served with choice of toast and hash browns - 10.

big breakfast

plate of hash browns smothered with our homemade creamed chipped beef and topped with two fried eggs, served with choice of toast - 11.

huevos rancheros

corn tortilla topped with two sunny side up eggs, black bean salsa and ranchero sauce, served with hash browns - 11.

BAKERY

selections change daily

bagel & cream cheese - 3.

mini pumpkin muffin - 1.

assorted muffins - 2.5

croissant, filled or butter - 3.

cinnamon bun - 5.

SWEET TREATS

✓ cinnamon french toast

cinnamon swirled bread dipped in a cinnamon vanilla egg wash and sautéed golden brown - 7.5
with sautéed bananas - 8.5

✓ snicker-doodle french toast

slices of brioche bread dipped in vanilla cinnamon egg wash, dredged in cinnamon sugar and sautéed to a crispy golden brown - 8.

✓ sweet cream pancakes

short stack - 6. / tall stack - 9.

✓ belgian waffle

made with carbon's golden malted waffle batter - 7.

✓ oatmeal

served with brown sugar and milk - 4.

✓ fruitarian

fresh fruit cocktail topped with honey vanilla greek yogurt and granola - 7. substitute fresh berries - 10.

SIDES

maple link sausage, turkey sausage link, bacon or canadian bacon - 3.

hash browns - 2.5

one egg - 2.25

toast - 1.5

one pancake - 3.

choice of white, wheat, rye, english muffin or biscuit

cheddar grit polenta - 3.

✓Ⓞ seasonal fruit cup - 4.

sundried tomato polenta - 3.

✓Ⓞ strawberries and banana - 4.25

creamed chipped beef - 4.

✓Ⓞ fresh berries - cup - 5.
bowl - 9.

BEVERAGES

chesapeake bloody mary - 6.

espresso - 2.5

with old bay rim

cappuccino or latte - 4.25

fresh OJ mimosa - 6.

add flavor +0.5 (vanilla, chocolate, raspberry, hazelnut)

fuzzy navel - 6.

sodas* - 2.5

locally roasted rise up coffee* - 2.5

iced tea* - 2.5

add flavor +0.5 (vanilla, chocolate, raspberry, hazelnut)

fresh squeezed orange juice

hot tea... mighty leaf tea - 3.5

small - 3. / large - 5. / liter - 12.

spiced tea* - 2.5

apple, cranberry, pineapple, grapefruit or tomato juice

our signature iced tea infused with cloves and orange juice

small - 2.5 / large - 4.

hot chocolate - 4.

milk choice of whole, skim or almond

steamed and topped with whipped cream

small - 2.5 / large - 4.

chai latte tea - 4.25

lemonade* - 2.5

*complimentary refills

✓ Vegetarian Choice Ⓞ Gluten Free

There will be an additional - 3. charge for split plates.
visit us at www.mainandmarket.com

OMELETTES

made with three organic, cage-free eggs and served with hash browns and choice of toast, english muffin or biscuit

- Ⓞ tomato slices or fruit substituted for hash browns an additional - 1.5
- egg substitute or egg whites an additional - 1.
- a large muffin, bagel or croissant substituted for toast an additional - .75
- add a pancake to any breakfast entrée - 2.

kitchen sink

bacon, ham, tri-color peppers, mushrooms, onion and cheddar cheese topped with hollandaise - 12.5

✓ heart healthy veggie omelette

tri-colored peppers, onion, spinach, mushrooms, tomatoes and goat cheese - 11.5

✓ greek goddess

greek florentine mix topped with tomatoes and kalamata olives, served with side of sour cream - 11.5

acapulco omelette

chorizo sausage, green chiles, pico de gallo and cheddar cheese, served with side of sour cream - 11.5

BENEDICTS

includes two poached organic cage-free eggs over split english muffin with hollandaise and hash browns

- Ⓞ tomato slices or fruit substituted for hash browns an additional - 1.5;
- add a pancake to any breakfast entrée for - 2.

classic

canadian bacon and cheddar cheese - 10.
half portion - 7.

southern

split sausage links and cheddar cheese over split biscuit, served with crispy hash browns smothered in creamed chipped beef - 12.
half portion - 9.

✓ margarita

fresh mozzarella, basil and tomato, finished with balsamic reduction - 12.
half portion - 9.

yorkshire

split biscuit topped with shaved prime rib, cheddar cheese and hollandaise - 14.
half portion - 9.

crab stack

two poached eggs over cheddar grit polenta with corn salsa, avocado, hollandaise and crab meat - 16.
half portion - 12.

✓ florentine

greek florentine mix topped with hollandaise and diced tomatoes - 12.
half portion - 8.

WEEKLY SPECIALS

monday two for - 24. meatloaf dinner

tuesday & wednesday

two for - 30. dinner specials

thursday - 20. prime rib dinner and half price bottle wine night

sunday mimosas & bloody mary's - 5.