

# SMALL PLATES

#### hummus plate

hummus, roasted red pepper tapenade, cucumber tomato salad, kalamata olives, feta cheese and warm handmade flatbread - 9.

with grilled chicken breast - 13.

#### crab avocado quesadilla

crab meat, cilantro, avocado and cheddar jack on chipotle tortilla, finished with old bay remoulade and fresh pico de gallo - 13.5

#### chesapeake crab dip

creamy chesapeake crab dip baked and topped with cheddar cheese. served with crusty bread for dipping - 12.

#### crispy shrimp and grits

beer battered jumbo shrimp served with crispy cheddar grit polenta, corn and tomato salsa and old bay remoulade - 13.

#### thai chicken quesadilla

a chipotle pepper tortilla stuffed with grilled chicken, fresh cilantro, shredded carrots, shredded red cabbage, mozzarella and thai peanut sauce, served with sweet thai chili sauce - 12.

#### **©** citrus scallops

pan-seared sea scallops presented with arugula, pears, craisins, candied pecans and honey citrus vinaigrette - 18.

#### **©** simple filet

6 oz. filet seared and accompanied by mesclun salad with gorgonzola, red onion, sliced tomatoes and honey balsamic vinaigrette - 19.5 add bacon onion jam for - 1.

### **©** simple salmon

grilled salmon filet served with side of dill caper sauce, accompanied by mesclun salad with cherry tomatoes, red onion, parmesan and honey balsamic vinaigrette - 16.5

#### ratatouille

sautéed squash, zucchini, onions and tomatoes, served with fried sundried tomato polenta - 12. add grilled chicken - 4. shrimp - 6. scallops - 10.

- **⑥** natural-cut fries 3.
- sweet potato fries 4.
- homemade potato chips 4.
- **v** toast 1.5 choice of white, wheat, rye, English muffin
- **⊚ v** seasonal fruit cup 4.
- **⊚ o** cup of berries 5.
- **⑥ ⊘** bowl of berries 9.
  - strawberries & bananas 4.25
  - **©** scoop of sultan's chicken salad 5.
  - scoop of craisin chicken salad 5.
  - scoop of tuna salad 4.
  - **©** scoop of shrimp salad 6.5
  - side garden or caesar salad 4.
  - v side café salad 5.
  - pasta salad 3.
  - cheddar grit polenta 3.
  - sundried tomato polenta 3.

## LUNCH ENTREES

all are served with a choice of pasta salad, caesar salad, garden salad, sweet potato fries, french fries or homemade potato chips

soup, small café salad or fruit may be substituted for - 1.5 french onion - 2.5

#### beer battered fish

beer battered white fish fillet with your choice of lemon aioli or old bay remoulade - 13.

#### herb crusted salmon

our famous herb crusted salmon fillet topped with mustard dill sauce - 16.

#### homemade meatloaf

savory meatloaf topped with Hungarian mushroom soup or marinara and mozzarella, crowned with fried onion straws - 13.

#### rainbow tortellini

rainbow cheese tortellini sautéed in a basil cream sauce, garnished with parsley and parmesan cheese - 13. add grilled chicken breast - 4. add shrimp - 6.

### margarita pesce

baked white fish fillet topped with balsamic tomatoes, pesto drizzle and pinenuts - 14.

#### meat lasagna

beef and Italian sausage meat lasagna with marinara and mozzarella - 14.

#### soup

our famous hungarian mushroom & soup of the day cup - 5./ bowl - 7.

#### vegetarian chili

garnished with shredded cheddar cheese and homemade tortilla strips - cup - 5. / bowl - 7.

french onion soup 6.

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### turkey bacon boursin

smoked turkey, bacon, boursin cheese, lettuce, tomato and honey mustard wrapped in a spinach tortilla - 12.

#### nantucket wrap

almond craisin chicken salad, oats-n-honey granola, lettuce and raspberry vinaigrette in a honey wheat tortilla - 11.

#### mexi wrap

grilled chicken, avocado, cheddar jack cheese, fresh pico de gallo, romaine lettuce and lime cilantro sauce in chipotle tortilla - 12.5 with seared beef tenderloin- 16.

#### sesame chicken wrap

sesame chicken, carrots, red cabbage, cucumbers, bean sprouts and peanut ginger sauce in chipotle tortilla - 12.

#### Nummus wrap

hummus, cucumber, tomato, red onion salsa, feta cheese, spinach and red wine vinaigrette in a spinach tortilla - 10. with grilled chicken breast - 14.

### buffalo chicken wrap

chesapeake fried chicken breast tenderloins, buffalo sauce, gorgonzola, tomato, lettuce and blue cheese dressing wrapped in a chipotle pepper tortilla - 13.

#### chesapeake

chesapeake fried chicken breast tenderloins, lettuce, tomato, bacon, corn salsa and old bay remoulade in honey wheat wrap - 13.





There will be an additional - 3. charge for split plates. visit us at www.mainandmarket.com

# lunch

all salads are served with a small pumpkin muffin

#### • café salad

mixed greens, chilled brandied peppercorn encrusted chicken, candied pecans, spiced pears and gorgonzola cheese tossed with maple champagne vinaigrette - 12.5 half portion - 8.25

#### craisin chicken salad

our famous chicken salad with almonds, craisins and onion served over mixed greens and topped with raspberry vinaigrette and granola - 12.5

#### craisin & cafe

the best of both worlds, a small café salad with peppercorn chicken, served alongside a scoop of our craisin chicken salad topped with granola and raspberry vinaigrette - 14.

### apple ginger salad

grilled chicken presented with mixed greens, sliced apple, craisins, walnuts, goat cheese and apple ginger vinaigrette 12.5 with grilled salmon - 19. with shrimp - 16.

#### honey wasabi tuna salad

seared sesame crusted ahi tuna, served rare and presented over mixed greens with carrots, cucumbers, avocado and honey wasabi vinaigrette - 16.5

#### black and blue salad

seared beef tenderloin over arugula with gorgonzola, bacon, cherry tomatoes, red onion, croutons and honey balsamic vinaigrette - 16.5

#### sesame chicken spinach salad

sesame encrusted chicken served over a bed of baby spinach and greens, carrots, cabbage, chopped peanuts and mandarin oranges, served with soy ginger vinaigrette 14.

### grilled salmon and baby kale salad

grilled salmon served over baby kale with quinoa, craisins and almonds, tossed in a citrus vinaigrette - 18.

#### lime cilantro crab cake salad

jumbo lump crab cake served atop a salad of mixed greens and corn and tomato salsa tossed with lime cilantro dressing - 18.

#### sultan's garden

our famous curried chicken salad served over mixed greens with a wedge of fresh pineapple, sliced strawberries and honey citrus vinaigrette - 12.5

#### chicken bruschetta

classic caesar topped with grilled chicken breast, bruschetta tomatoes, basil, fresh mozzarella and balsamic glaze - 14.

#### classic caesar

chopped romaine, homemade croutons, shredded parmesan and our creamy caesar dressing - 8.5

#### mexi caesar

romaine tossed with lime cilantro caesar dressing and topped with chipotle tortilla strips, avocado, cheddar cheese and fresh pico de gallo - 9.5

### greek caesar

classic caesar topped with feta cheese, cucumber, tomato and red onion salsa, artichoke hearts and kalamata olives - 10.

add grilled chicken -4., shrimp -6., crab cake -12, beef -8. or grilled salmon -9.

# ASSIC SANDWICHES

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#### M signature burger

½ lb. angus burger cooked to order, topped with bacon onion jam, cheddar cheese, lettuce, tomato and onion on a fresh brioche bun - 12.5

#### crab cake sandwich

broiled crab cake on brioche roll with old bay remoulade or lemon aioli. lettuce. tomato and onion - 17.

#### hawaiian club

ham, turkey, cheddar, grilled pineapple and honey mustard served warm on a pretzel roll - 10.

#### $^{\mathsf{M}}$ blt

hickory smoked bacon, american cheese, lettuce, tomato, onion and lemon garlic aioli on brioche bread - 9.

#### bruschetta chicken sandwich

grilled chicken topped with fresh mozzarella, bruschetta tomatoes, and balsamic glaze on grilled ciabatta bread - 13.

### grilled cheese with tomato and bacon

slices of bacon, tomato, provolone, and cheddar cheese on your choice of wheat, white or brioche bread - 9.5. with just cheese - 7.

#### M fish tacos

seasoned white fish on flour tortillas with fresh pico de gallo, lettuce, shredded jack cheese, chipotle tortilla strips and lime cilantro sauce - 12.

#### shrimp salad croissant

chesapeake shrimp salad served on a croissant with lettuce, tomato and onion - 13.

#### **M** masterpiece

thick sliced panko crusted brioche stuffed with smoked turkey, cheddar and honey mustard, sautéed french toast style and drizzled with pepper jelly - 11.

#### signature reuben

house made corned beef, swiss cheese, 1000 island dressing and cole slaw on griddled marble rye - 12.5

#### chicken club

grilled chicken breast, bacon, provolone cheese and honey mustard served on a croissant with lettuce and tomato - 12.

#### turkey club

roasted turkey breast, bacon, lettuce, tomato, onion and lemon aioli on toasted brioche bread - 12.

#### spinach and portobello sandwich

portobello mushroom served on grilled ciabatta bread with fresh baby spinach, roasted red pepper aioli and feta cheese - 12.

#### café veggie burger

veggie burger topped with provolone cheese, caramelized onions and honey mustard on a pretzel roll - 11.

#### sorry charlie

m.i. tuna salad on whole wheat bread with lettuce, tomato and onion - 9.

#### sultan's croissant

our famous curried chicken salad on a croissant with lettuce and tomato - 11.

### cup of soup and 1/2 sandwich

your choice of a half sorry charlie, blt, grilled cheese with bacon and tomato or masterpiece accompanied by choice of soup - 12.

# HOUSE WINES

#### House Oxford Landing Wine Australia -6. / -20.

Varietals include Chardonnay, Pinot Grigio, Cabernet & Merlot—ask your server for additional varietal offerings

Prosecco Tiamo, Italy

-11. Split

Clean citrus and melon notes with aromas of cut grass, stone fruit and citrus.

Heinz Eifel Riesling Kabinett, Germany

-9./-34.

Flavors of ripe apples, pears, peaches, and citrus, with floral aromas and finishing with a slight sweetness

Stella Pinot Grigio, Italy

-7./-26.

Fresh fruit aromas of pears, white peach and citrus, well balanced with a zesty acidity.

Satellite Sauvignon Blanc, New Zealand

-8./-30.

A crisp bouquet of kiwi & green apple with classic notes of sweet pea and grapefruit.

Steinig Gruner Veltliner, Austria

-7./-26.

Fresh, crisp and fruity, with aromas reminiscent of white currant, citrus fruits and white pepper.

Chateau des Templiers Muscadet Sevre et Maine, France Crisp precision and aromas of liquorice & figs, accompanied by fresh citrus, green apple and lime blossom.

True Myth Chardonnay, California

Flavors of beautiful tropical fruit with mineral undertones and the perfect creaminess of vanilla bean & toasted oak.

Ballard Lane Chardonnay, California

-8./-30.

Aromas of orchard fruit blossoms, melon & tropical pineapple, a hint of white pepper, along with creamy apple, pear and oak.

Hahn Pinot Noir, California

Bright red cherry and berry flavors with currant jam aromas complement notes of vanilla and caramel.

Tortoise Creek Merlot, California

-8./-30.

Flavors of red and black berries, cherries, and herbs with rich aromas and soft tannins.

Santa Julia Reserve Malbec, Argentina

-9./-34.

Flavors of black fruits, vanilla, chocolate and snuff with soft tannins and a spicy finish.

Rock & Vine Cabernet Sauvignon, California

Layered blend of blueberry, candied cherry, creme de cassis, root beer, milk chocolate and sweet vanilla.

Hahn Cabernet Sauvignon, California

Flavors of plum, ripe strawberry, black cherry, cola and spice with supple tannins and a bit of acidity.

TerraNoble Reserva Carmenere, Chile -7./-26. A fresh, intense wine with dark fruits like plum and cherry combined with notes of mocha and spices on the nose.

Vinum Cellars Petite Sirah, California

Ripe plum and juicy blueberry flavors, backed with cassis and spice and finished with cocoa flavored tannins.

Domestic

-3.75

Budweiser · Coors Light · Michelob Ultra · Miller Lite · Yuengling

Premium Domestic

-4.25

Fordham Copperhead Ale · Blue Moon · Goose Island India Pale Ale · Becks NA Samuel Adams · Sierra Nevada

**Imports** 

hazelnut)

-4.75

Amstel Light · Corona · Stella Artois · Newcastle

locally roasted rise up coffee\* - 2.5 add flavor +0.5 (vanilla, chocolate, raspberry,

hot tea... mighty leaf tea - 3.5

spiced tea\* - 2.5

our signature iced tea infused with cloves and orange juice

hot chocolate... steamed - 3.5

Vegetarian Choice

**chai tea -** 4.25 espresso - 2.5 milk small - 2.5 / large - 4.

cappuccino or latte - 4.25 add flavor +0.5 (vanilla,

chocolate, raspberry, hazelnut)

**sodas\* -** 2.5

iced tea\* - 2.5

lemonade\* - 2.5

fresh squeezed orange juice

small - 3. / large - 5. / liter - 12.

apple, cranberry, pineapple grapefruit or tomato juice small - 2.5 / large - 4.

\* complimentary refills

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**G** Gluten Free

visit us at www.mainandmarket.com

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